



# INSCOM *INSIGHT*



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## ***United in freedom***

Uniformed personnel suffered great losses on Sept. 11, 2001—police officers, firefighters, airline crews and military members. Among the reasons such people wear uniforms is to show they are united in purpose within their organization. Secondly, it is a way of indicating that these personnel serve their nation and community.

INSCOM, the Army and other Armed Services are united in purpose to serve our nation and community. For the last 12 months, a great deal of the focus and effort has been on homeland security and the war on terrorism. At the same time, INSCOM's other missions have continued in many places in the United States and other nations.

In a few days, the command, the nation and the international community will unite in remembrance of those lost on Sept. 11 and in the war on terrorism. It will be a time to recall the many heroic acts—those that are known and those that aren't—a time to share our grief and a time to resolve to complete the job before us, however long it takes.

We are united in freedom.



***Maj. Gen. Keith B. Alexander***

## ***Fast Facts***

- Staff sergeants in MOS 00B, 18B, 18C, 18D, 18E, 33W, 55D, 96B, 96H, 97B or 98C may request retention to 22 years active federal service. The soldier must have 19 years of federal service at time of request and otherwise be eligible for retention. Interested soldiers should contact their career counselor.

- Soldiers enrolled in Family Servicemember Group Life Insurance may experience an increase in monthly premiums and a retroactive collection, due to processing of corrections for spousal dates of birth. Any retroactive premium adjustments will be prorated over the next three months unless the amount is less than \$10.

- The deadline is Oct. 1 for the next Sustaining Base Leadership and Management resident program that will run from Jan. 13 to April 4, 2003. All sustaining base civilians, grades GG-12 through 14, are eligible to apply for the program, offered by the Army Management Staff College at Fort Belvoir, Va. Majors and lieutenant colonels should apply through their branch managers. GG-11s and -15s are considered by exception. To apply for the program or find out more, log on to <http://www.amsc.belvoir.army.mil> or call (703) 805-4756/4757 (DSN 655-4756/4757).

**Sept. 11 a day to reflect on sacrifices**

A joint message from the Honorable Thomas E. White, Secretary of the Army, and Gen. Eric K. Shinseki, Army Chief of Staff

One year after the events of September 11, 2001, The Army pauses to remember and honor the victims of the attacks against our Nation in New York City, in Washington D.C., and in Pennsylvania.

11 September is a day to reflect on their sacrifices and the sacrifices of their families as we pay respect to our fallen comrades, our dearest friends, colleagues, loved ones both military and civilian, and others who lost their lives in those senseless acts of terrorism.

And we also remember those who have been lost in operations since that date in the war against terrorism, a necessary and successful campaign quickly mounted in response to those attacks. Soldiers, Sailors, Airmen, and Marines have given their last full measure of devotion to our great country, to the defense of freedom, and to the fight against tyranny. We will not forget, and will long honor, their devotion to this country and the principles we hold dear.

For over 227 years now, Soldiers have defended freedom. And today, Soldiers are again fighting on behalf of the Nation as part of America's joint warfighting team prosecuting the war on terrorism. We can all be justifiably proud of The Army's achievements as the vanguard of democracy and liberty. Those achievements included the actions of Army civilian employees and family members who reacted so bravely and without hesitation to the attack on the Pentagon. They included the actions of our Army Special Operations forces—first on the ground in Afghanistan—as they linked up with leaders of the Northern Alliance and launched our campaign against terror by creating the conditions for our joint and combined victory—ridding Afghanistan of Taliban and al-Qaeda oppression. They were apparent as Soldiers from the Guard and Reserve mobilized for Operations Noble Eagle and Enduring Freedom, in the determined actions of Soldiers fighting in previously unheard of places like the Shah-e-Kot Valley during Operation Anaconda, and in all of the sacrifices and the selfless service of all members of the Army Team both at home and abroad over the past year.

So today we honor those lost a year ago, those lost in the long days since September 11th, and all of their families—we know we do not Soldier alone. We acknowledge the enduring contributions of The Army during the past year, and we look forward with determination and resolve as we continue to fulfill our nonnegotiable contract with the American people—to fight and win our nation's wars, decisively. You are respected by our allies, feared by our opponents, and honored and esteemed by the American people. Your courage, dedication to duty and selfless service to the Nation are the hallmarks of the United States Army.

We will never be able to tell you enough how very proud we are of you; the Well-Being of our Army family—Soldiers, civilians, retirees, veterans, and their families—is always foremost in our prayers and in our actions. Thank you for your service, for your sacrifices, and for your abiding devotion to duty.

God bless each and every one of you and your families, God bless our magnificent Army, and God bless America.

## **Helping children cope with anniversary of attacks**

**By Jim Garamone**

American Forces Press Service

Many adults will have a tough time coping with the anniversary of the Sept. 11, 2001, terrorist attacks. But children and adolescents were also affected. What should parents do to help their kids get through this period?

While the initial signs of stress in children will grow smaller or disappear as time goes by, this first anniversary may cause them to reappear. Daniel Dodgen, an official with the American Psychological Association, said parents need to understand this is normal and they should not overreact.

Speaking at the Pentagon Aug. 28 at a seminar sponsored by the Pentagon Employee Referral Service, Dodgen said it is important that children feel safe. He said parents should make plans and communicate them to their children.

"They need to know what to do in the event of an emergency," he said. Parents need to help their children develop coping skills and encourage them to share their feelings about the event.

Parents should not be surprised if children regress during times of stress. This means they might act younger than they are. This, too, is normal and will pass. Children, just like adults, may dream of the experience or have reawakened memories. They may go through anger, anxiety and sadness all over again.

As the anniversary of the attacks nears, parents should:

- Listen to your children. Find out how they are reacting and help them come to grips with it.
- Attend a memorial service or other community activities.
- Create your own family ritual to observe the anniversary.
- Monitor what your children are watching on television and set limits on the time spent in front of the tube.
- Maintain a schedule and take care that the children receive adequate rest and nutrition.
- Take care of themselves. Children learn by example.

Related Site of Interest: Growing Past the Trauma of Sept. 11

[http://www.defenselink.mil/news/Aug2002/n08292002\\_200208292.html](http://www.defenselink.mil/news/Aug2002/n08292002_200208292.html)

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## Excellence awarded



Two employees of the INSCOM Morale, Welfare and Recreation program were honored at the Army-wide MWR banquet in Atlanta, Ga., last month. (Left photo) Robert Manaugh, MWR chief at Bad Aibling Station, Germany, received the Order of the White Plume Award, the highest Department of the Army MWR award for individuals. At left in photo is Sgt. Maj. Corbin Skerrit and at right is Brig. Gen. Antonio Taguba, both of the U.S. Army Community and Family Support Center. (Right photo) Frankie Stull, formerly club manager at Menwith Hill Station, England, received the Excellence in Management Award in the category of Outstanding Business Manager. (Photos courtesy of ACFSC)

## 20 years ago in INSCOM

From the pages of the INSCOM Journal, 1982

### February

A **coast-to-coast run across Panama**, a distance of 52.2 miles, was completed by a relay team of 10 people from the 470th Military Intelligence Group.

### September

The **513th Military Intelligence Group was activated** at Fort Monmouth, N.J., with a mission of supporting Army Forces Command, the Rapid Deployment Joint Task Force (now known as U.S. Central Command) and U.S. Army Europe.

